

FOR IMMEDIATE RELEASE: March 2009

The Gottman Institute Proudly Announces the Addition of Suzanne Pratt, LCSW, as a Certified Gottman Therapist

John Gottman, Ph.D., has learned what actually makes marriages work by studying and following over 3,000 couples throughout 35 years of research. Together with Dr Julie Schwartz Gottman, the Clinical Director of both The Gottman Institute and The Gottman Relationship Center & Referral Network, they have designed Gottman Method Couples Therapy, couples workshops and professional training for therapists.

Above all, we understand that the human family is in crisis and that all individuals are capable of and deserve compassion. It is our mission to reach out to families in order to help create and maintain greater love and health in relationships. It is with great pride that we announce a new resource in your local community!

Suzanne Pratt, LCSW has completed training and achieved the prestigious designation of Certified Gottman Therapist and is an active member of the Relationship Center and Referral Network available on-line at www.gottman.com. In addition to providing Gottman Couples Therapy, Ms. Pratt is available for talks at organizations, schools, churches, synagogues or professional groups on the topic *The Seven Principles for Making Marriage Work*.

The Gottman Institute, co-founded by Drs. John and Julie Schwartz Gottman, has two major functions. The Institute helps couples directly and it provides state-of-the-art training to mental health professionals and other health care providers. The Gottman Institute integrates leading-edge research on marriage into practical, down-to-earth workshops for couples, private therapy for individuals, couples and families and training for therapists committed to helping couples. No other approach to couples education and therapy has relied on such intensive, detailed and long-term scientific studies of why marriages succeed or fail.

For more information on services, trainings and products of The Gottman Institute, including the Gottman's latest book, *Ten Lessons for Transforming Your Marriage*, please visit www.gottman.com.

For further information on Gottman Couples therapy in your area or to schedule a talk, please contact Suzanne Pratt LCSW at (801) 484-8838. Her office is located at 6925 Union Park Center, Suite 245, Salt Lake City, Utah 84047. More details about her work can be found at www.closercouples.com.